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Transformative Mediation

Empower conflict resolution with transformative mediation. Focus on perspectives, open communication, and emotional growth.



Top 10 Teaching Points

1

Transformative mediation focuses on changing the relationship between those in conflict.

2

The first key to transformative mediation is empowerment. It enables each party to be confident they can come to their own conclusions.

3

The second key to transformative mediation is recognition, which enables each party to feel acknowledged and heard by their rival in the conflict.

4

The key qualities of a transformative mediator are an open-mind and capability to listen without presenting bias.

5

Outline of Bush and Folger's Ten Hallmarks of Transformative Mediation.

6

The pros of transformative mediation are emotional growth with the parties involved in the conflict, leading to better long-term conflict resolution.

7

The cons of transformative mediation are that it can not be effective when a solution is needed imminently to a particular conflict.

8

When mediating, facilitate a free-flowing, informal, non-judgmental conversation.

9

A mediation session is most successful if all parties remain present to express their unbiased emotions and opinions freely.

10

At the end of a session, reflect, summarize, and translate (when necessary) each parties' points of view.

KEY

TAKEAWAYS

01 | Changing relationships

02 | Empowerment

03 | Recognition

04 | Expressing emotions and opinions

05 | Reflecting and summarizing